

U18 Rep Hockey Tryout Information

Team Staff

- **Head Coach: Maxwell Groenewegen**
- **Assistant Coach: Kiefer Morton**
- **Assistant Coach / Trainer: Jack Dorey**
- **Assistant Coach: Tim Finbow**



Team Selection

Our coaching staff is committed to building a competitive, hard-working team that represents our program with class. As we go through tryouts and make final roster decisions, we want to be transparent about a few important factors:

We will evaluate players on a combination of:

- **Effort** and compete level
- **Attitude** and coachability
- Skill and hockey sense
- Positional needs and team balance
- Potential likelihood of players leaving for junior opportunities

Player Release Process

We understand that tryouts can be a stressful time for players and families. Our goal is to run a fair and respectful process. Every player will be given an opportunity to show their skills and compete.

All player release conversations will be done, in person, **privately and respectfully**. Players will have the opportunity to receive feedback, and we'll do our best to support players in finding the right next steps in their hockey journey.

We truly appreciate the effort each player brings to the rink and thank everyone for their commitment throughout tryouts.

EARN IT EVERY DAY

BUILT ON SACRIFICE.
FUELED BY DISCIPLINE.
DRIVEN BY PURPOSE.

2025  2026

With the 2025-2026 U18 Woodstock Jr. Navy Vets, our culture is built on two pillars: **relentless work ethic** and a genuine **love for the game**. We're here to have **fun, compete, to grow**, and to **represent this team with class**.

Two Things You Can Always Control: Effort and Attitude

No matter the score, no matter the situation, no matter the role — **you control your effort**, and **you control your attitude**.

We expect our players to show up with a **positive mindset**, a **team-first mentality**, and the **willingness to outwork our opponents**. That's what separates good players from great teammates.

We're not just looking for skill. We're looking for **character** — people who do the right thing when no one's watching, who lift others up, and who never stop competing.





Hard Work Is Non-Negotiable

Whether it's a Monday night practice, a midweek workout, or a playoff game — you show up ready to work. We compete in every drill, backcheck every shift, and put the team first in every decision.

Hockey doesn't reward talent alone. It rewards those who are willing to **grind, sacrifice**, and **push past their comfort zone**. We're building habits that translate to results — not just on the ice, but in life.

Ice Time Is Earned

At this level, **ice time is not guaranteed** — it's earned. It's based on performance, preparation, attitude, and your impact on the team.

-  Show up consistently in practice? You'll get noticed.
-  Make smart decisions, battle in the corners, block shots? You'll be trusted.
-  Show poor body language, cut corners, or put yourself above the team? You'll lose opportunities.
-  **Lack discipline — on or off the ice — and you will lose ice time.** That includes penalties, selfish play, or behavior that doesn't reflect our team values.

Every player has a role. **Embrace it. Earn it. Expand it.**

Respect the game, respect the team, and the ice time will come.

We Compete Because We Love It

We play hard because we care. **Winning matters. Development matters.** But the best teams **enjoy the grind.**

Fun comes from chasing something together, from battling for one another, and from knowing your part of something **bigger than yourself.**

We don't take this game for granted. Every practice is a chance to improve. Every shift is a chance to leave a mark. Every day is a chance to earn the respect of your teammates.

The Standard Is the Standard

We hold ourselves and each other accountable — coaches, players, everyone. That's how strong cultures are built. We don't chase shortcuts. We show up, compete, and stay humble.

We're not just building hockey players.

We're building **future leaders** — people who understand what it means to **lead**, to **serve**, to **work**, and to do it with **character**.
